



Ethiopian Civil Service University
Office of the Vice President for Academic Affairs

A Brief Status Report
On
Career Guidance and Student Mental Health Support Service at Ethiopian Civil
Service University
(2020/2021)

September 2022
Addis Ababa, Ethiopia

Introduction

The Ethiopian Civil Service University has given due attention to guidance and counselling services as it occupies a central position in support services to students. The university avail the necessary administrative, human as well as financial resources to effectively provide counselling services to students. As a result, hundreds of students annually receive counselling service in both career and mental health issues. These activities are usually carried out with the help of educators and health professionals of the university.

Organizational Units and Resources

The Guidance and Counseling Unit is organized under the Office of the Academic Vice President (AVP). The work unit is managed by a professional person. This work unit provides guidance and counseling services, and it is a work unit where extensive activity is done so that students are ready for education, help them to prepare and protect themselves before academic problems occur, and help them to bring about changes in knowledge, skills, and attitudes.

Activities and Performances (2020/2021 Academic year)

The Guidance and Counseling Unit (GCU) conducts annually a general orientation program for new students joining the university, before the start of learning and teaching work, so that students get ready for education during their stay in the university. Along with the general orientation, the work unit prepares brochures and distributes them to new incoming students. In addition to problem prevention, counseling services are provided to help students resolve any social and academic problems they may encounter during their time at the university.

Counseling services for mental health problems caused by academic or social issues are also provided for students through this work unit. To this end, there is a situation where many students have been freed from the mental health problems they faced and have completed their studies due to extensive work done by the work unit. In general, students are benefited by the support of this work unit with regard to their social and academic career.

In addition, the Guidance and Counselling Unit (GCU) also prepares and provides counseling training for newly hired instructors in relation to student support and

management techniques.in order to help instructors gain different skills and helps them manage their classes more effectively and compassionately. The following statistics depicts the performance of services provided by the Guidance and Counselling Unit (GCU) in 2020/2021 academic year.

SN	Type of service	Unit	Number of Beneficiary
1.	Career Counseling	Number	160
2.	Health related issue counseling	Number	9
3.	General counseling	Number	1200
Total		Numbe	1,369

Summary

In general, the Ethiopian Civil Service University, establishing organizational structure equipped with relevant human and financial resources, has been engaged in the provision of guidance and counseling service to students and teachers. As result, students gained critical guidance and counselling services in several areas, including career and mental health. In its 10 year strategic plan, the Ethiopian civil service university aim to further enhance the volume and quality of services by strengthening the Guidance and Counseling Unit (GCU) through expertise and resources so that students as well as young academicians gain the necessary guidance and counsling services.

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